

Name \_\_\_\_\_ Date \_\_\_\_\_ Period \_\_\_\_\_

Place of Hike: \_\_\_\_\_ Sponsor: Sierra Club's Inner-City Outings (ICO)

Hiking Leaders: \_\_\_\_\_ Other Volunteers: \_\_\_\_\_

Teacher Organizer: \_\_\_\_\_ Teacher Volunteers: \_\_\_\_\_

**\*\*\*Please thank our leaders for giving up their day to show us Nature!**

Have you gone on a hike before? \_\_\_Y \_\_\_N If yes, where? \_\_\_\_\_

Going on a hike is a great way to get outdoors, enjoy nature, and understand how ecosystems work. Our hiking guides will show us the way through the trails and some special locations. They also invite us to look for animal tracks, identify different plants & their characteristics that help them thrive. Notice the interactions between the biotic and abiotic factors in the different ecosystems. Explore with your senses: SEE everything, TOUCH safely - a rock, SMELL safely, & HEAR everything!!!!

### How Friendly Are You to the Environment?

Conservation is very important. Sierra Club protects the land, water, and even the air. As a global citizen, who practices environmentally friendly habits every day, you can help protect nature in our parks, city, mountains, and the Earth.

**Check off** the things that you did today from the list below. Add up your points for each completed activity and find out how environmentally friendly you are!

1. I stayed on the trails.	10 ___
2. I did not disturb the wildlife.	10 ___
3. I recycled and/or I am using a reusable water bottle.	10 ___
4. I picked up a piece of trash I found.	10 ___
5. I turned off the water while I was brushing my teeth.	10 ___
6. I turned off the lights when I left my room.	10 ___
7. I did not pick flowers.	10 ___
8. I reminded someone else to conserve water.	10 ___
9. I reminded someone else to conserve electricity.	10 ___
10. I rode my bike or walked instead of riding in a car.	10 ___
<b>Total Points</b>	

#### Assignment

1. Write one page of summary & reflection about your hiking trip. Write what you saw, smelled, and heard. Use as many scientific words as possible of the ones we learned in our Ecology unit.
2. On a second page, include a picture you took. Describe what your picture shows & explain why this picture is important for you to share.

#### Scoring

70 - 100 pts	Earth's best friend!
50 - 60 pts	A True Pal
30 - 40 pts	A Good Buddy
10 - 20 pts	A Nice Acquaintance
0 pts	A Stranger to the Universe

My Hiking Quote: Today, hiking \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

because \_\_\_\_\_

\_\_\_\_\_.